

FOOD & THOUGHT
Organic Restaurant & Market

7941 Airport Pulling Rd N • (239) 791-3663 • Monday - Saturday 7am-9pm • Sunday 7am-9pm
foodandthought2.com

October 30th - November 5th

While supplies last

PRODUCE

Amish Grown
Cauliflower
\$3.99^{EA}



Vine Ripe
Tomatoes
\$2.99^{LB}



Last of the Season
Amish Grown
Apples
\$1.99^{LB}



Broccolini
\$2.99^{EA}



Andy Boy
Romaine
Hearts
\$3.49^{EA}



Country Acres
Apple Cider
1/2 Gal
\$7.99^{EA}



JUICE BAR

Cafe Mocha
16 oz
\$1.00 OFF



Sweet Tart
16 oz
\$1.00 OFF



BREAD

Harvest
Loaf
\$4.99^{EA}
Save \$1.00



Rye Jewish
Bread
\$4.99^{EA}
Save \$1.00

GROCERY & DAIRY

WOODSTOCK
Frozen Fruits
28 & 32 oz
\$2.00 OFF



VITAL FARMS
Large Brown Eggs
\$10.49^{EA}
Save \$1.00



MALK
Almond Cashew
& Oat
\$5.99^{EA}
Save \$1.00



PRIMAL KITCHEN
Sauces
\$4.99^{EA}
Save \$1.50



MAYA KAIMAL
Indian Food
\$3.99^{EA}
Save \$1.00



SIMPLE MILL
Crackers
\$4.99^{EA}
Save \$1.00



DELI & BAKERY

Orzo
Salad
\$6.99^{LB}
SAVE \$2.00

Roasted
Peppers
\$6.99^{LB}
SAVE \$2.00

Prime
Rib
\$21.99^{LB}
SAVE \$3.00

EMIL'S
Oven Roasted
Turkey Breast
\$14.99^{LB}
SAVE \$3.00

GF
Key Lime
Cheesecake
\$2.49^{EA}
SAVE \$1.00

GF
Chocolate
Chia Cake
\$4.49^{EA}
SAVE \$2.00

Regular
Banana
Bread
\$3.95^{EA}
SAVE \$1.00

Vegan
Banana Bread
Loaf
\$12.99^{EA}
SAVE \$3.00

ANNIE'S
Mac & Cheese
\$3.99^{EA}
Save \$1.00



ENVIROKIDZ
Cereal
\$4.49^{EA}
Save \$1.50



WINE & CHEESE

FREY
Field Blend
Mendocino Red
\$19.99^{EA}
SAVE \$2.00



Food & Thought
Manchego
Curado
\$17.99^{LB}
SAVE \$2.00



STELLAR
Brut Sparkling
\$16.99^{EA}
SAVE \$2.00



Food & Thought
Albala Rosemary
\$17.99^{LB}
SAVE \$2.00

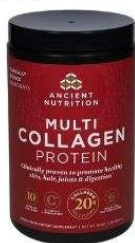


SUPPLEMENTS

ANCIENT
NUTRITION

Multi Collagen
Protein

16 oz
\$38.99^{EA}
SAVE \$15.00



SUNWARRIOR

Beet Root
Powder

12.69 oz
\$18.99^{EA}
SAVE \$4.00

