

Organic Restaurant & Ma November 29th - December 3rd 7941 Airport Pulling Rd N • (239) 791-3663 • Sunday - Thursday 7am-9pm • Friday - Saturday 7am-10pm foodandthought2.com While supplies last

PRODUCE

Idaho Sweet Russet **Potatoes Potatoes** \$1.29_{LR} \$1.49_{LB}

From the Farm Radish **Bunches** 2 for \$3





North Carolina Lil Snapper

Apples Granny, Fuji or Gala \$4.99_{EA}

Hass Avocados 2 for \$3

IUICE BAR

Yerba Matte Tea 16 oz \$1.00 OFF





BREAD

Harvest Bread \$4.99EA Save \$1.00



Southwest

Whole Wheat Loaf \$4.99 EA

DELI & BAKERY

Plainville **Honey Roasted** Turkéy Breast S9.99 LB **SAVE \$4.00**

Mini Carrot Pineapple Cake

\$2.25 EA **SAVE \$1.00** A2 Raw Mild Cheddar \$14.99LB

SAVE \$3.00

GF Almond Coconut Cake Slice \$3.49EA **SAVE \$2.00**

EPSOM SALT

BATH SALTS

Vanilla Meringue \$2.99EA **SAVE \$1.00**

Salad

\$6.99 lb

SAVE \$2.00

Orzo Salad \$6.99LB **SAVE \$2.00**

Banana Bread Loaf \$11.99ea **SAVE \$4.00**

SUPPLEMENTS

SOOTHING TOUCH

Epsom Bath Salts 8 OZ

BUY 1 GET 50% OFF

Original Price: \$2.49



Ultra **Epsom Salt** 5 LB Bag

BUY 1 GET 1 0% OFF

Original Price: \$9.99



Sauces 8.5 oz

S4.49_{EA} Save \$2.00



Protein Bars 1.98 oz

2 for \$5 Save \$1.58



NORTH COAST

Apple Juice 🔏 96 oz

\$14.99_{EA}

Save \$2.00



GROCERY & DAIRY

JUST ICE TEA Ice Tea

16 oz 2 for \$4

Save \$1.38



GIMME Seaweed Snacks

6 Pack \$5.99ea Save \$1.00



WOODSTOCK

Ravioli 20 oz \$7.99ea

Save \$1.70



CALIFIA Milks 48 oz

\$7.29_{ea} Save \$1.00



LIFEWAY Kefir 32 oz \$5.99_{EA} Save \$1.00



WINE & CHEESE

KWAYA Merlot \$18.99EA

SAVE \$3.00

SAVE \$3.00



GALEA White Sangria \$17.99_{EA}

Food & Thought Albala Cheese with Rosemary \$17.99_{LB}





Alma Carron **Red Wine**

